

ORGANIZATION:

COMMUNITY/NAME OF GIRLS' GROUP:

## Opening and getting to know each other:

Play an introduction game to learn children's names and get to know something about them.

Start with playing games to help the girls relax and become comfortable with the adults involved and reduce the power relationships between adult and girls:

- Ask the girls to pair up with another girl
- Each girl should use the first letter of the first name and last name of her partner to give a positive description of her.
- Example: **F**lorence **S**mith – **F**riendly and always **s**milng

The description should make every effort to be true to the girl's character and should be positive.

Give the girls time to think and get ideas (10 – 15 minutes).

Then allow for the group to share. So Florence's partner would say, "Hie – this is Florence Smith, she is Friendly and always Smiling"

## Describing the Life of A Girls in this Community

Take a flip chart and ask the girls to draw a picture of a girl. Have the girls give her a name.

Say to the girls, "Let's imagine that this is an average girl in this community." The girls should take 10 minutes to describe her current life and her future.

## A girl who IS doing well

Girls can use a story to talk about a girl who is doing well. They should not use a real name, but base the story on a real girl:

- How old is she?
- Who does she live with?
- How are her clothes? (clean/dirty; new/old; etc)
- What is her normal day like? (does she go to school; does she go to farm?; does she play with her friends?; does she fetch water or firewood?)
- What are her dreams? What does she hope for her future?
- What is she doing in 10 years? What is her life like then?

## Understanding her situation

We want to understand why this girl is doing well, what made that possible. So ask the girls to talk about:

- Who has helped this child? Probe further: is it her family? Is it other people? Why have they helped her?
- In what ways have they helped her to do well?
- What makes them know that she is doing well?

## ADOLESCENT GIRLS FOCUS GROUP DISCUSSION

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### A girl who is NOT doing well

- How old is she?
- Who does she live with?
- How are her clothes? (clean/dirty; new/old; etc)
- What is her normal day like? (does she go to school?; does she go to farm?; does she play with her friends?; does she fetch water or firewood?)
- What are her dreams? What does she hope for her future?
- What is she doing in 10 years? What is her life like then?

### Understanding her situation

We want to understand why this girl is NOT doing well, what are the causes of her not doing well. So ask the girls to talk about:

- What created the situation of the girl to not do well?
- What are the things that show she is not doing well?
- What are the most difficult conditions of her life?
- Why do you think her life is that way?
- What needs to happen to bring about change in her life?

### Which situation of the two girls is most common in this community?

Give the girls a stone or beans or a piece of paper. Ask them to think of girls in the community. Base on what they see as the situation of most girls, do they put their stone on the girl who is doing well, on the girls who is not doing well, or some where in the middle. As a group discuss:

- What is the situation of most girls in the community according to where the group placed their stones?
- Why do the girls think most girls are in that place?
- What are the factors that contribute to that situation?
- Does it need to change? Why or why not?
- If it changed, what would be the 3 – 5 most important things that would have to be available or have to happen in her life?
- If she had those things, how would her life be different?

### It time allows:

Sharing our own stories (*girls asked to volunteer if they want to tell their story*)

- Share your name, how old you are and who you live with.
- How did you come to join in this organization's programs?
- What kind of support and services did you receive?
- Who provided support and services?
- Did anyone else in your family benefit from the support and services?
- What has changed as a result of the programs?

### Closing

Ask girls: If you could say 'Thank You' to people who help you as a girls, who would you like to thank and what would you thank them for? Give each girl a turn to speak.